

# Investigation the effect of parents performance on boys self-esteem and addiction after puberty

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**ABSTRACT:** Children punishment by their parents or teachers and confliction between parents are some problems which have irreparable effects on their soul. These effects are represented as behavioral disorders during adulthood one of the important disorders is addiction to material which is origin of many social devastations and problems. Coping these problems needs to identify and problems. Coping these problems needs to identify and remove the factors which create this disorder (Gupta et al 2010). Bad effects of child hurting and punishment and un attainment on child s emotional and physical healthy need to discuss and research about this fact that how should be health family environment and good behavior with children that prevent behavioral and personal disorders in adulthood . In particular, goal is collection information about effects of punishment and parents' conflict on boys' self- steam and addiction after puberty. This research studied effects of parents' punished and conflict on boys' self- steam and addiction after puberty and these question are made: Is parents' performance effective on boys' addiction and self- steam after puberty? For respect to question and research a hypothesis, post event plan was used. 200 men randomly were divided to 2 groups, addicted or normal based on mother punishment / father punishment or parents' conflict. Amount of self-steam in all by Kooper smith questionnaire were measured by one- way variance analyzing and Kroschal valis in SPSS 20.

These results were obtained:

- 1) Addiction is more among men who were punished in childhood.
- 2) Addiction is more among men whose parents had conflict.
- 3) Self-steam is low among men who were punished in childhood.
- 4) Self-steam is low among men whose parents had conflict.

**Key words:** punishment, parent conflict, self-steam, addiction.

## INTRODUCTION

When a baby is borne, he/she has the best and the most complete facilities for growth. He/she is created in the best condition and has capacity to be grown in the best manner and reach to accomplishment. It's good that he/she is borne normally and has a suitable family .that grows and find his/her valuable place in this world (Seif, 2009)but family problems and social, cultural and educational limitations for most of the people in the world make this goal impossible.

Children punishment by their parents or teachers and confliction between parents are some problems which have irreparable effects on their soul. These effects are represented as behavioral disorders during adulthood one of the important disorders is addiction to material which is origin of many social devastations and problems. Coping these problems needs to identify and problems. Coping these problems needs to identify and remove the factors which create this disorder (Gupta et al 2010).

This research tries to collect strong documents about adverse effects of punishment by analyzing the effects of punishment and parents' confliction on boys' self- esteem and addiction offer puberty. I hope, parents in particular, mothers prepare a back ground for children growth and their society by removing punishment and replacing other suitable manners. The main concept in this research is: is parents' performance effective on boys' self- confidence and addiction after puberty?

### **Research literature Theories**

Most of the psychologists believe that most of the problems have origin in childhood. They prepare important views about child- parent relationship. The most important views are:

Ericson theory: he divided a person's life to 8 steps. In the first step (trust against untruth) the child is completely dependent on his/ her mother for survival and safety. Reaction between mother and child determines if the child sees the world with truth or not if the mother has unstable and behaviors, the child will have untruth view and will be anxious, suspected and timorous. (Seif 2009).

Adler: by Adler's view, family has the most complete effect on the child's personality growth. He believed that mother by her reaction to her child can create social interest or in contrast, prevent it. Social interest means inherent talent for cooperation with others for meeting personal and social goals. The children who are hurt by their parents. may be sinner. Or with mental problems in future ( Ahadi et al 2007)

Maslow: he introduced a hierarchy with 5 needs include nobody needs, needing to safety, needing to be belonged and loved, needing to self- steam and needing to self- grow. Punisher parents can create problem for beloved and belonged needs in children and therefore, needing to self- actualization will not be presented (Gelavar et al 2007).

Balbi: he believed that child's dependence to mother is one of important needs. Bothered children whose dependence process was disturbed or have unsafe dependence are faced with many problems such as social and emotional inconsistency. Children who have safe dependence to their mother, will have safety and self- confidence in adulthood.

Misbehavior with a child can make dependence process slow and leads to loose safety and self- steam (Lotf ababdi 2008)

### **Studied researches**

Many researches about effects of punishment and parents' misbehavior on children and some of them are:

Steel and Pulak (2006) indicated that some of parents who punish their children, were punished in childhood. They concluded that these parents' imitate punishment and aggressiveness and maybe deprive of mothers kindness is showed in them again.

Shultz (2009) by study on 714 depressed adult showed that these patients assessed their parents as enemy and rejecter. Interview with their family confirmed this feat.

Shilings (2010) research by title ((Relation between parents' child hurting behavior and their social relations in adulthood)) indicated that parent's violence and punishment against their children leads to unhealthy social relations in adulthood.

Mckaley (2011) and Masey (2011) in their research concluded that punishment can destroy relation between child and parents and reduce safety feeding a self – steam.

Houber, Hang and Margarine (2012) analyzed relation between self- steam and emotional hurt children have low self- steam and see themselves less valuable than others.

Rahimi Movaggar (2010) studied the relation between child hurting and their aggressiveness in adulthood and concluded that people who hurt and punished by their parents in childhood have aggressive behaviors.

Piterson (2012) in a study on men who were hurt in childhood showed that there is a relation between hurting and a series of mental inter personal and sexual problems in adulthood. In addition, effects of emotional hurt can be collected in a group such as learning disability, disability in interpersonal relations creating and keeping, unsuitable behaviors and feelings in each condition, depression and physical signals.

Jelen et al (2012) in a study on 260 persons who were hurt emotionally and physically and on normal children concluded that emotional hurting predicts depression and self- steam in adulthood.

Low self- steam and disappointment feeling in hurt children in Moulen (2012), Paoulouki (2012) Kenadal fakat (2012) and Swanson (2013) studies are also confirmed.

### **Concepts definition**

Punishment: it's a hurting motivation after bad behavior for reducing that behavior (seif, 2009)  
Hurting motivation can be emotionally or physically for example, slapping, kicking, burning, biting, pushing, organs pressing and torturing are hurting motivations all physical hurters can be with emotional and psychological hurters. Shouting on children, their mocking and threatening are emotional hurts.

Childhood: its 3-12 years old.

Self- steam: its person's confirmation or disconfirmation related to him/ herself and it shows how much a person knows him/ herself valuable and important. High self- steam in this research is high score in Cooper Smith self- steam questionnaire.

Addiction: it's using any kind of material (opium, here in, hashish, crack etc.) which used at least 6 months continuously.

Parents' conflict: disagreement in a couple in belief, thought, behavior and stressing on their goodness which leads to oral or physical conflict. This conflict should be repeated monthly that taken account as conflict.

Puberty age: it's an age which shows sexual and physical quick growth and change. Sexual organs in boys is larger and completer, and textiles produce sperm and more important, puberty age is with incensement feeling (Ahadi et al 2009)

In this article puberty age is 12 years old.

### **Hypothesis**

#### **By respect to research these hypothesis are made**

Addiction statistics is more in men who were punished in childhood than others.

Addiction statistics is more in men whose parents had conflict than others.

The men who were punished in childhood by their parents have low self- steam.

The men whose parents had conflict have low self- steam.

## **RESEARCH METHOD**

### **Subject**

Total number of test sample in this research were 200 men. And 100 persons had addiction a 100 persons were normal. The first group randomly were selected from people who referred to consultant centers for curing in 6 month period and their addiction was confirmed. For controlling disturbing variables such as their and their and their parents' marriage sets, education level, social- economic state second group was selected from staffs in producers firms and offices and they were consistent with first group based on mentioned variables.

### **Research design**

This research is post event and cause – comparing research. For data analyzing, one-way variance analyze among samples and Kroscol valise un parametric variance analyze were used.

## **MARTIALS**

For self- steam assessment Cooper Smith self- steam questionnaire was used. It includes 58 acts which explain feeling, belief and personal reactions. Samples should answer by marking in squares such as its like me (yes) or it's not like me (no).

### **Subjects of each scale of questionnaire are**

General scale with 26 acts, social scale with 8 acts, family scale with 8 acts, institute scale with 8 acts and lie scale with 8 acts.

Total score is sum of 4 scales score and lie scale is not taken account.

In addition, for assessment these variables on mother punishment, father punishment and parents conflict ((another questionnaire was set.5 first questions are about mother, 5 second questions are about father and these are based on Likert scale. Each question has 3 options such as weekly (3 scores), sometimes (2 scores) and never (1 score). If they had5-7 scores in 5 questions, they were taken account as a people who were never punished.8-12 means they were sometimes punished and 13-15 means always marriage , education and parents income and education were set in questionnaire.

#### **4) Procedure:**

After preparing questionnaires by researchers, they were completed in 20 minutes and after collection, each of them were scored separately based on these cases:

Addicted people with code 2 and normal with code 1.

Parents' conflict in childhood code 1 and lack of it code 2.

People who were always punished by parents, code 3,

Sometimes, cod2 and never code 1.

Self – steam scoring had 0, 1 scores. It means in some questions, yes had 1 and no had 0 score. And in another they had reverse scores.

Maximum score in self- steam was 50.

**DISCUSSION AND CONCLUSION**

**Research findings**

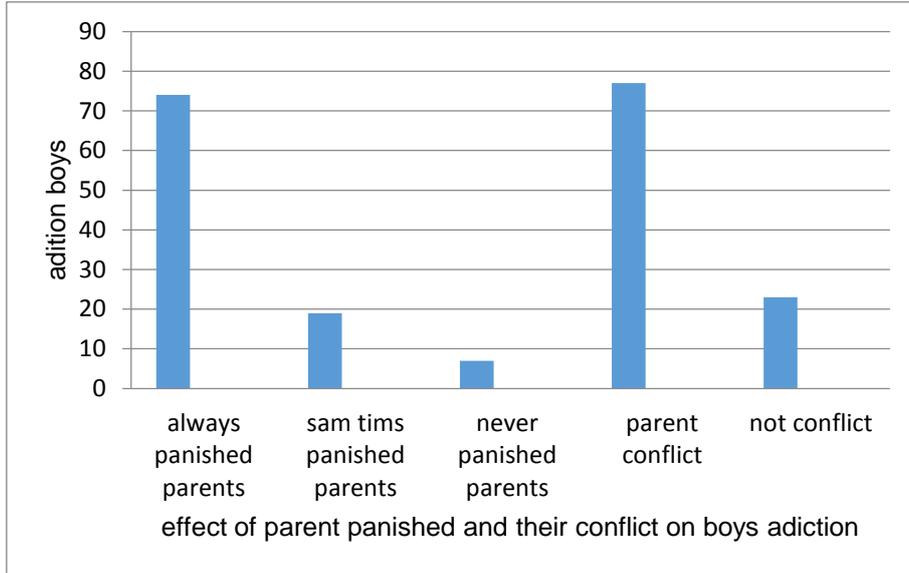


Figure1.

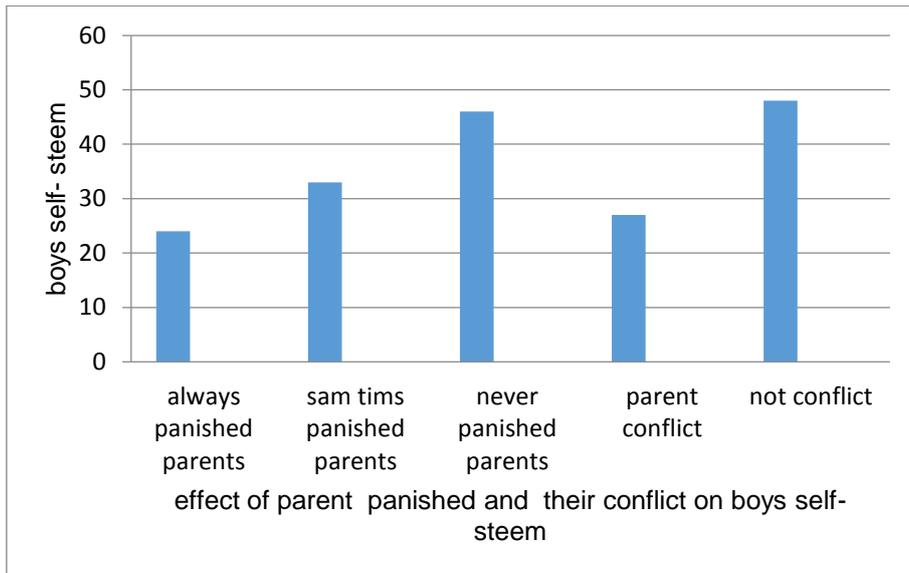


Figure2.

Based on graph 1 addition boys of parents how always punished and have conflict is higher than other groups and based and graph 2 boys self- steem that their parent have conflict and always punished is lower than other groups.

Variance analyzing for average comparing about self – steem in different groups and Krouskal and Elis variance analyzing for assessing meaning being in differences to these results:

1) Parents punishment has meaningful effect on boys' addiction. It means addiction is more among men who were punished by their parents in childhood –

$$x^2 = 18/3 \quad p < 0/000$$

2) Parents conflict has meaningful effect on boys addiction means addiction is more among men whose parents had conflict. \

$$x^2 = 21/2 \quad p < 0/000$$

1) Effect of parent punishment on self- steem is meaningful. Men who were punished by their parents in childhood have low self- steem.

$$P < 0/0005$$

$$f = 10/884$$

2) Effect of parent conflict on self-esteem is meaningful. The Men whose parents had conflict have low self-esteem.

$$P < 0/0005 \quad f = 24/059$$

Obtained findings by researches and studies about adverse effects of punishment and parents' conflict are consistent with peoples personal characteristics' in adulthood.

#### **offers and applications**

Research findings indicate irreparable results of children punishing so, it's recommended that parents and other persons who try to train children make safe their training manner by removing the punishment for removing behavioral disorders and problems in children and prepare a suitable background for their growth. Positive methods by behavior reduction, which are mentioned in following are the best options instead of punishment. In them positive reinforcement method is used.

A) Behavior reinforcement which are in contrast to favorite behaviors:

For example if we want to correct a Childs behavior who plays. Computer games most of the time in day. We should reinforce all their favorite behaviors such as writing and reading the school subjects, maintaining, and exercise.

b) Separated behavior reinforcement in low rate:

Some actions are favorite if they are done in low vote and more than it leads to un favorite behaviors. For example: a child who plays computer games 8 hours in a day, should be guided such that reduces this amount to minimum hours as possible. And after that, he/she should be encouraged.

c) Inconsistent behavior separated reinforcement:

In this method, un favorite behaviors are not reinforced but, behaviors which are not consistent with them are reinforced. For example, if we want to force an isolated child to react with his/ her friends, all his/ her activities about group activities should be reinforced.

In addition, we can also apply un favorite behavior s saturation, turning off, depriving, penalty and compensation methods. Of course, these methods have also hurting cases but their negative results are less than punishment.

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